#Masks4AllMalawi

Guidance on How to Use and Sanitize Community Masks

**Put on the Mask BEFORE leaving the house**
- Wash hands with soap for 20 seconds
- Only touch straps, tie top strap first behind your head
- Make sure nose and mouth are covered
- Mask should sit comfortably around cheeks, allowing to breathe
- Avoid mouth or nose sticking out of Mask
- Avoid touching

**Remove the Mask and Sanitize after each use**
- Only touch straps, untie bottom strap first
- Soak Mask in a separate bucket with soapy water for 20 min
- Wash Mask with laundry soap and water
- Rinse and hang to dry completely before next use
- If you don’t have soap & water: iron each side for 2 min or leave mask hanging in sunshine for at least 6 hours
- Keep Mask safe and clean until next use

**The Mask ALONE won’t protect you & others from Covid-19!**
- Keep distance to other people (2 arms length)
- Don’t shake hands or hug, use other greetings
- Wash your hands often and thoroughly with soap
- Don’t touch your mouth, nose and eyes
- Disinfect contaminated surfaces

**REMEMBER!**
- Masks won’t protect you from getting infected; they reduce your risk to inadvertently putting the virus in your mouth and nose (though not your eyes)
- Masks help you to protect others as you might be infected and contagious without knowing it.
- Wear your mask when receiving visitors at your house and ask visitors to wear their mask as well
- Masks won’t protect you from getting infected; they reduce your risk to inadvertently putting the virus in your mouth and nose (though not your eyes)
- Masks help you to protect others as you might be infected and contagious without knowing it.
- Wear your mask when receiving visitors at your house and ask visitors to wear their mask as well

Let’s all wear the Masks correctly and sanitize them daily. Wearing a Mask is not selfish, but a sign of solidarity, love and respect towards others. Let’s keep the virus behind the mask.

I protect you, you protect me!

Neither Masks4AllMalawi nor any of its volunteers nor the makers of the community masks assume any liability for the protective effect of the Community Masks. They are neither tested nor certified, but evidence suggests that they help you to protect others and slow the spread of the virus by keeping the virus behind the mask. For more information visit masks4allmalawi.org